

Dear EPW Patient,

All medications, even over the counter, have the potential for risk. Please refer to the below list of medications commonly considered lower risk in pregnancy. Chronic, long term use of any medication may increase any potential risk.

The only NO risk medication is NO MEDICATION at all.

*Thank you,
EPW Providers*

APPROVED MEDICATIONS DURING PREGNANCY

Updated May 2012

Revised April 2014

Benadryl (generic – diphenhydramine)
Claritin (generic – loratadine)
Robitussin plain
Mucinex (generic – guaifenesin)
Zyrtec (generic – cetirizine hydrochloride)
Saline Nasal Spray
Breathe Right Strips
Colace (generic – docusate)
Senokot (generic – docusate sodium)
Benefiber
Milk of Magnesia
Magnesium Citrate
Miralax (generic – polyethylene glycol)
Immodium (generic – loperamide)
Zantac (generic – ranitidine)
Tagamet (generic – cimetidine)
Prevacid (generic – lansoprazole)
Tylenol (Regular or Extra Strength)(generic – acetaminophen)

****** NO MOTRIN, IBUPROFEN, ADVIL OR ALEVE ******