

## ULTRASOUND PREP FOR OB AND GYN PATIENTS

Your Physician as requested that you receive an ultrasound exam. The procedure is harmless and painless, but does require your cooperation. Please follow the directions below so that your test can be completed promptly and satisfactorily.

1. It is essential that your urinary bladder is full for your ultrasound. Please drink one ten ounce glass of liquid thirty to forty minutes before your appointment. It is not necessary to make yourself uncomfortable.
2. If you find yourself uncomfortable, please let us know. We do not want you to be uncomfortable.
3. Please be on time for you appointment, otherwise your exam will be rescheduled.
4. PLEASE NO CHILDREN ALLOWED. If you have any questions, please feel free to ask.

Your cooperation is greatly appreciated.

DATE: \_\_\_\_\_

TIME: \_\_\_\_\_